

Volunteer Service Unit (VSU) Log (copy as needed)

Name: _____ Address: _____

County: _____ Phone: _____ Email: _____

** In 2025 the log was modified so that 4-H volunteer hours can be tracked and recorded. While 4-H hours are reported on a separate POW Report form (4-H Youth Development), they still count as part of an individual's total Extension VSU hours.*

Date	Activity/Job Performed	Hours (report each hour in only one category)				
		Extension*		KEHA	Community	Personal
		4-H	Other			
TOTALS						

Categories: Extension = Projects or programs directed by an Extension Agent. KEHA = Projects initiated and led by KEHA members. Community = Service to other entities/organizations in the community (not Extension or KEHA projects). Personal = Unpaid service to family, friends, and neighbors. See KEHA Handbook pages 63-64 for complete category descriptions. Report all hours earned within the past KEHA year (July 1 – June 30). Logs due to the county Leadership Chairperson or designated contact by July 1.