

4-H YOUTH DEVELOPMENT

All Educational Program Chairpeople are expected to work together to integrate their program of work when possible. This program should address the youth of Kentucky and KEHA's bond with those youth. The State KEHA 4-H Youth Development Chairperson attends Kentucky 4-H Council meetings and events. (Usually held in the 2nd week of January and July.) The KEHA 4-H Youth Development chairpeople at all levels should consider the following when planning the program of work:

- Provide a link between KEHA and Cooperative Extension Service (CES) 4-H Youth Development Program.
- Become knowledgeable and encourage participation in county, district, and state 4-H Programs such as:
 - 4-H Public Speaking
 - 4-H Demonstrations
 - County, District, and State Communications Day
 - 4-H Speeches and 4-H Demonstrations Publications
 - 4-H Communication Curriculum
- Encourage KEHA members to serve as 4-H volunteer leaders.
 - Volunteer to judge county, district, and state 4-H Communications Competitions.
 - Volunteer to assist in teaching speeches and demonstrations in county clubs and school clubs.
 - Prepare senior level 4-H members in mock interviews.
 - Practice with local, district and state 4-H members in speeches and demonstrations.
- Encourage KEHA Members to be involved with 4-H events such as: judges, sponsors, or coordinators.
- Promote youth membership in KEHA.
- Encourage all KEHA members to be involved in youth activities such as: Project Graduation, family nights, violence prevention, teenage pregnancy prevention, mentoring, tutoring, drug and alcohol prevention.

Note: Specific Program of Work on following pages.

KEHA 4-H Youth Development Chairperson – 2025-2028

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KEHA 4-H YOUTH DEVELOPMENT

Plan of Work for 2026-2029

Our New Slogan: Beyond Ready

Situation Statement

According to recent data from the Center for Disease Control and Preventions (CDC), 52% of youth report feeling as though they are falling short of achieving their life goals. At the same time, research from Kauffman Foundation reveals that 77% of employers place greater emphasis on real-world skills than on traditional school-based subjects. Meanwhile, the World Economic Forum's Future of Jobs Report (2023) highlights a critical gap in the labor market, with 10 million jobs currently unfilled.

These findings underscore a growing disconnect between the education system, youth aspirations, and workforce demands. Addressing this gap will require a coordinated effort to realign educational priorities with the evolving needs of employers and to better support young people in developing the skills and confidence necessary for success in today's economy.

Goals and Objectives

- To provide training information and materials to 4-H Youth Development Agents and Extension Homemaker Chairpeople.
- Increased involvement by local and area Extension Homemaker Chairpersons in 4-H programs.
- Increased involvement by local and area Extension Homemaker Chairpersons in educating our youth in basic life skills.
- For our youth to be "Beyond Ready" for tomorrow.

Overview

It takes volunteers, Extension Homemakers, and senior 4-H youth to teach skills to the Cloverbud Clubs (Ages 5-8) and Younger 4-Hers (Ages 9-13). Therefore, sharing the volunteer position description and plan of work documents will educate and clarify the duties of the County Extension Homemaker 4-H Chairperson which include:

- Share the newly revised Homemaker Interests Questionnaire with local 4-H and FCS Agents.
- Get involved with 4-H Camp.
- Share the new *Volunteer Interest Survey* with homemaker clubs and councils.
- Volunteer and lead a cooking/culinary club to teach proper food preparation and safety and read recipes. The 4-H Cooking Club curriculum is Cooking 101, Cooking 201, Cooking 301 and Cooking 401. Ask your local 4-H agent for a copy or ask for them ordered from National 4-H. (*Ask for Cooking 101 first, as each book builds upon the previous one.*)

Year 1

Extension Homemakers start 4-H Cooking/ Culinary Clubs and use recipes that can be entered into the county fair.

- Start a Cooking/Culinary Club in your county or area.
- Meet with 4-H agent and FCS agents together and discuss your plans.
- Make a 4-H Cooking/Culinary invitation notice to put in the 4-H or local Extension Newsletter.
- Invite parents to join or volunteer.
- Volunteers can teach lessons on:
 - How to read recipes
 - Food preparation
 - Food safety basics
 - How to use the proper measuring devices
 - Knife Skills
 - Meal Etiquette
- Ask if Cooking 101 4-H Manual is available for your use; if not ask if the curriculum can be purchased from Shop 4-H. <https://shop4-h.org/>.
- Prepare recipes that can be entered into the club's respective county fair's culinary division (muffins, biscuits, candy, cakes). When entering, follow rules from the Kentucky State Fair manual, www.kystatefair.org 4-H section.

Year 2

4-Hers exhibit Family and Consumer Sciences and Country Ham project work at the county, area and state level as a result of the KEHA and 4-H Youth Development partnership.

- 4-Hers increase their participation public speaking and demonstrations in Family Consumer Sciences topics on the county, area and state level.
- Kentucky Extension Homemakers support the Kentucky 4-H Communications Program in Family Consumer Science area, by volunteering to serve as a contest judge on the county, area, or state level.
- Kentucky Extension Homemakers volunteer to support the Kentucky 4-H Country Ham Project.
 - KEHA members assist 4-Hers with speech preparation and practice, and volunteering to judge in the speech contest portion of the country ham project.
 - KEHA members assist/ teach 4-Hers and their families how to prepare their country ham.
- Kentucky Extension Homemakers familiarize themselves with the Kentucky 4-H Foods Curriculum 4-H Cooking 101-401. Please check with your county 4-H Youth Development Agent for a copy of the curriculum. If not available, ask if the curriculum can be purchased from Shop 4-H. <https://shop4-h.org/>.
- Kentucky Extension Homemakers familiarize themselves with the 4-H Foods Division and rules of the county and state fair. <https://4-h.mgcafe.uky.edu/kentucky-4-h-state-fair-0>.

Year 3

Kentucky Extension Homemakers: Youth Living in the Financial World

- Kentucky Extension Homemakers will start clubs/ programs to educate 4-Hers with financial topics such as:
 - Savings accounts
 - Checking accounts
 - Direct deposit and home banking
 - Credit cards
 - Debit cards
 - Securing personal finance information (example: explanation of credit/ debit card chip)
- Kentucky Extension Homemakers will promote 4-H project work in financial education, and encourage youth to create financial education posters according to state fair guidelines <https://4-h.mgcafe.uky.edu/kentucky-4-h-state-fair-0>.
- Kentucky Extension Homemakers will become familiar with an approved financial management curriculum such as Consumer Savvy, Entrepreneurship, and Healthy Wealthy Future. Please check with your county 4-H Youth Development Agent for a copy of the curriculum. If not available, ask if the curriculum can be purchased from Shop 4-H. <https://shop4-h.org/>.

NOTE: Work with your county 4-H agent to access the lesson materials.

KEHA 4-H YOUTH DEVELOPMENT CONTESTS

Homemakers Support 4-H

A. *Most innovative 4-H & Extension Homemaker partnership project to promote 4-H Youth Development (gift card & \$50)*

B. *Volunteer Hours for 4-H (certificate & small gift)*

1. Club with the most 4-H volunteer hours
2. County with the most 4-H volunteer hours
3. Area with the most 4-H volunteer hours

If hours are turned in for club hours, the hours CANNOT be submitted for county or area hours. If turned in for county, the hours CANNOT be submitted for club or area. Hours can only be submitted in ONE category.

C. *4-H Camp Scholarships (certificate & small gift)*

1. Club with the largest dollar amount donated for 4-H camp scholarships
2. County with the largest dollar amount donated for 4-H camp scholarships
3. Area with the largest dollar amount donated for 4-H camp scholarships

Rules are the same as volunteer hours – funds donated can ONLY be counted in one of the three categories.

The entry form on the following page must be completed, including signatures of the County Extension Agent for Family and Consumer Sciences Education and/or the County Extension Agent for 4-H Youth Development.

Send entry forms to:

Peggy Tracy
241 Bethlehem Rd.
Paris, KY 40361
859-749-1755
peggytracy44@gmail.com

Entries must be submitted by March 1.

KEHA 4-H YOUTH DEVELOPMENT CONTESTS

Homemakers Support 4-H

NAME (individual, club, or county): _____

ADDRESS: _____

CONTACT PERSON: _____

ADDRESS: _____

PHONE: _____ Email: _____

Please check appropriate box

☐ Club ☐ County ☐ Area

A. Most Innovative 4-H & Extension Homemaker Partnership Project – To enter, include a typed description of the project and outcomes (not to exceed two pages).

B. TOTAL HOURS VOLUNTEERED _____

C. TOTAL DONATIONS TO 4-H CAMP SCHOLARSHIPS _____

(If individual - signature)

County 4-H Agent Signature

County FCS Agent Signature

Homemaker Interests Questionnaire

4-H Educational Chairperson



Name: _____

Phone: _____

Occupation: _____ If retired what was your occupation: _____

Previous Work Experience and Skills:

- | | |
|---|---|
| ☐ Health (CPR, Nutrition, Fitness) | ☐ Technology |
| ☐ Teaching | ☐ Volunteer Recruitment |
| ☐ Coaching | ☐ Policy Work |
| ☐ Leadership | ☐ School age/Pre-school childcare |
| ☐ Fundraising | ☐ Professional Service (legal, finance, marketing) |
| ☐ Landscaping | |
| ☐ Special Events Coordination | |

Personal Skills Experience:

- | | |
|--|---|
| ☐ Writing/Editing | ☐ Music |
| ☐ Culinary | ☐ Photography |
| ☐ Tutoring | ☐ Gardening |
| ☐ Computer Technology | ☐ Music |
| ☐ Foreign Language | ☐ Hiking/Walking/Fitness |
| ☐ Arts/Crafts | ☐ Recreation |
| ☐ Fiber Arts/Sewing | ☐ Livestock/Farming |
| ☐ Fundraising | ☐ Shooting Sports |

I would be interested in:

- | | |
|---|------------|
| ☐ Leading a 4-H project day for _____ | (activity) |
| ☐ Helping with a 4-H project day for _____ | (activity) |
| ☐ Leading a 4-H Club for _____ | |
| ☐ Helping with a 4-H Club for _____ | |
| ☐ Judging/room hosting for speech/demonstration contests | |

I prefer working with:

- | | | |
|--|---|--|
| ☐ Cloverbuds (ages 5-8) | ☐ Juniors (9-13) | ☐ Seniors (14-18) |
|--|---|--|

I am available to volunteer: (Check all that apply)

- | | |
|----------------------------------|--|
| ☐ Day | ☐ Weekends |
| ☐ Evening | ☐ I'm Flexible - Specific Time: _____ |

I am willing to volunteer: (Check all that apply) _____ hours/week _____ hours /month

- | | |
|-------------------------------------|--------------------------------------|
| ☐ 1-3 months | ☐ 6-12 Months |
| ☐ 3-6 months | ☐ Ongoing |

4-H Youth Development Program of Work Report
For data collected July 1, 2026, to June 30, 2027

Name of person completing this form: _____	
Phone: _____	Email: _____
For CLUB reports: Club reports are due to the County 4-H Youth Development Chairperson by July 1, 2027 .	
Club Name: _____	
For COUNTY reports: County reports are due via online surveys by August 15, 2027 . The surveys will be available at https://keha.org/reports/ by July 1, 2027. A copy of the submission should be mailed to the Area 4-H Youth Development Chairperson by August 15, 2027.	
County: _____	Number of Clubs reporting: _____

Has the County 4-H Educational Chairperson met with the 4-H agent? _____

Were the Homemaker Hobbies/Expertise questionnaires filled out and tabulated? _____

Number of 4-H Youth engaged in activity with Extension Homemakers: _____

Number of total KEHA Volunteer Hours with 4-H for this year: _____

Number of 4-H Events supported through Homemaker volunteers: _____

Number of 4-H Clubs lead by Homemaker volunteers: _____

Number of Homemakers who volunteered with 4-H Communications Programs: _____

Number of Homemakers who assisted with 4-H Project Days _____

Number of Homemakers who served as Adult Counselors at 4-H Camp: _____

Amount of 4-H Camp Scholarships provided in dollars: _____

Please list as much information that is relevant to assist our evaluation:

How can we further the 4-H partnership with KEHA?

What other resources do you need to work with young people?

Is there a youth program you would like to start in your county?
